

The 1st Czech International Conference on Recovery

When: 23rd February 2016 (from 9 to 17:30)

Where: Plzeň, Czech Republic, Social and Cultural Center Moving Station, Most Ivana Magora Jirouse 1 (map at <https://goo.gl/maps/AKYk1zkUC2A2>)

What: **Recovery from mental illness** is an approach that has more and more attention in many countries. The attention we pay to recovery in the Czech mental health system is not satisfying yet. Our conference aims to open wider discussion about this topic in the Czech Republic. People with their own experience with mental illness, providers of health and social care, policy makers and others interested in this topic are warmly welcome!

Who: Organizer of the conference is **Ledovec**, an NGO that provides psychosocial support to people experiencing mental illness (www.ledovec.cz). The conference is supported by Norway Grants.

Key speakers (morning):

Mark Ragins, head psychiatrist at MHA Village, Los Angeles, USA,
(<http://mhavillage.squarespace.com/writings/>)

Zsolt Bugarszki, director of CARE Europe
(<http://thecareurope.com/?c=advisors&l=en&t=zsolt-bugarszki&id=198>)

Martin Holý, chairman of Czech Psychiatric Society, director of Mental Hospital Praha Bohnice
(<http://www.psychiatrie.cz/index.php/sekce-spolecnost/4-spolecnost/vybor/1163-mudr-martin-holly>)

Workshops topics (afternoon):

Can we teach recovery?
Experts by experience and recovery
Multidisciplinary mobile team and recovery
Social circus and recovery
Recovery in music therapy
Empowerment as an essential part of recovery

Language: Key speeches in English or interpreted to English, workshops in English, interpreted or bilingual.

Registration and conference fee:

Please register via email, write us your name, (and organization) at recovery@ledovec.cz. Conference fee is to be paid to bank account IBAN: CZ65 0100 0000 3517 0949 0267 or cash at the conference.

Conference fee is: 200CZK (8EUR) for early registration in 2015
and 250 CZK (10EUR) for „late“ registration in 2016

Refreshment and lunch is included in conference fee.

Conference website and contact:

All information you find (soon) at www.ledovec.cz/recovery.
Contact email is recovery@ledovec.cz, cell phone contact +420 777 019 834.